

The T.K.D. Flash

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This issue is dedicated to the memory of Master Barney Montano. who passed away this month. Articles begin on page 9. --*The Editor*

UPCOMING EVENTS

There will be a Black Belt test November first at Grafton, Wisconsin.



September 19 and 20 at Sheboygan Falls, Wisconsin, C Level USTF Instructor Course.. From left in back: Mr. Marc Mikkelsen, Mr. Steve Betcher, Mr. Patrick Jankowski, Mr. Kevin Friede, Mr. Matthew Thur, Mrs. Mary Lubner, Mr. Mike Van Pietersom, Mr. Aaron Prohuska, Benjamin Herzfeld, Mr. Dan Kelly, Miss Anija Spiessl, Mrs. Sara Wisuri, Mr. Mark Johnson, Mrs. Jacqueline Karpinsky. Middle row: Miss Michelle Kelly, Valerie Locklair, Mrs. Caren Johnson, Mr. Max Wilhelm, and in front, Rachel Laporte, Ms. Heidi Spiessl, Mrs. Michaela Ryan, Course Instructor Mike Winegar, Sr. Master F.M. Van Hecke, Ms. B. Hiliya Spiessl, and Miss Alyssa Jankowski.

The prerogatives of editorial control: Place--back yard; photography credit--Kathy Van Hecke.



On November 7 the **USTF-Utah State Championship Tournament** will be held at Salt Lake City, Utah.

On November 14 USTF-Utah will have its **Fall Black Belt Test** at Salt Lake City, Utah.

Already on the calendar: **Maestas Taekwon-Do's Fall Black Belt Test** for November 15.

November 19 will bring another Black Belt and Gup Testing at **Offutt Air Force Base**. Promoter, Sr. Master Ricky Todd. The guy just keeps doing good work, what can we say?

On November 14 **Concord Taekwon-Do** will host its annual tournament, the Concord Invitational.

The **New England Regional Black Belt Test** will be conducted November 22.

On November 22 there will be a Black Belt test at **Maestas Taekwon-Do**.

And on December 5 **Sereff Taekwon-Do** will host a color belt test.

AROUND THE COUNTRY

The **16th Annual Wyoming Invitational** was at Casper, Wyoming, on September 19.

September 26 brought the First Annual Kirksville Taekwon-Do Tournament. Sr. Master **Ricky J. Todd**, Tournament Director, Sr. Master **Dustin Stephenson**, Chief Referee.

On Sunday, October 4th Grand Master **Louis Reyes** gave a USTF Referee course at **Concord TKD** for Class C, B, and A Referee

candidates. GM Reyes covered the full range of topics, including ring setup, tournament organization, equipment, the point system, and fouls. This Referee class was exceptional, for everyone in attendance, because the recent USTF National & International Invitational provided many examples of interesting tournament challenges. GM Reyes used memorable moments from the July tournament to highlight appropriate Referee responses to equipment malfunctions, fouls, injuries, bystander behaviors, and more. It was a very engaging and

productive class for all. Thank you, GM Reyes, once again!

--*Roselyn Romberg, D.F.S.*

A color belt testing was held October 24 at Casper, Wyoming. Details, next issue.

On October 31, a Black Belt test was scheduled at Casper, Wyoming.

Also on October 31 there was a tournament at the Sheboygan Falls YMCA, Sheboygan Falls, Wisconsin. Details will follow.



banana breaks, lettuce, cantaloupe, cucumbers, squash, papaya, and watermelons.

The results? Some fruits are tougher than you'd think! The cantaloupe in particular held up to repeated onslaught, but ultimately was weakened enough to crack open (possibly against the ground). Watermelons and squash can also take a punch, or even a kick. And lettuce – well, lettuce is just fun! Strike a head of iceburg lettuce, and you are rewarded with an explosion of shredded lettuce!

Students got to eat some of the fruits and vegetables that were broken, and in fact we had more watermelons left to break, but had to stop because no one could eat any more! Everyone had such a great time, we are considering making this an annual event!

In the photo, Spencer Petersen executes a non-supported lettuce break as Mr. Luis Chavez holds; sauerkraut city!

Sir:

B u r n i n g
Phoenix Taekwon-Do of North Salt Lake, Utah, wanted to come up with a new, fun event that their students could enjoy. So they invented "Fruit Bash"! On August 29th 19 participants met at Hatch Park in North Salt Lake and used hand and foot techniques in attempts to crush and destroy various fruits and vegetables. Peewees and Juniors were happy to break carrots, corn, bananas, and tomatoes. Juniors and Adults also got to play with suspended

Melanie Bunch Joins News Department

Ms. Melanie Bunch, Second Dan, has been appointed the newest Stringer by the TKD Flash, joining a Fultizer Prize Winning crew consisting of Distinguished Stringers Roselyn Romberg, Ricky Todd, and Renee' Sereff, and Stringers Corinne Sroykum, Guy Williams, Robert Martin, Mario Manera, Lisa Eastin, and David Mason.

Addressing an assembly of about 250 Flash employees in the Main Auditorium of the Flash Building in downtown Manhattan, Ms. Bunch reflected a bit on her journey in Taekwon-Do:

"I started martial arts in my early 20's at a mixed martial arts place in Medford, Oregon. I now know the training I received there was a bit of a joke, but at the time I enjoyed it quite a bit, particularly sparring. Life events caused me to stop just as the "caged fights" craze hit our area, and I had to turn down my instructor's invitation for me to compete in a cage match that he felt confident I'd win. Fast forward a few years, and I'm moving to Utah at the invitation of my good friend, Mr. Eric Gemmell (V Dan). I knew he instructed Taekwon-Do, and I decided to join classes shortly after moving. I quickly saw the difference between what I'd learned before, and what I was learning now – and realized I'd 'leveled up.'

"As I climbed through the ranks I knew that I really wanted to be able to teach. Mr. Gemmell taught me how to instruct starting with the white belts that had just barely joined our school. Once he was satisfied with my teaching abilities, he gave me the beginning class to instruct on my own!

"I still enjoy being an assistant instructor for Burning Phoenix Taekwon-Do, which has now grown into its own commercial facility. Mr. Gemmell still gives me the newest students, and I am honored to be trusted with their introduction to the art and our school, a big responsibility! I also teach weekly sparring and flexibility training sessions, assist Mr. Gemmell in the Intermediate classes, and occasionally substitute teach classes.

"I've travelled to Colorado and Wyoming for Taekwon-Do events, and have enjoyed meeting practitioners from other schools and expanding my TKD family. Many of them have great stories to tell, and I enjoy the opportunity to travel and live my own stories!"

"My day job is as a Graphic Artist, and I've been honored to contribute this skill to the USTF by designing or producing a few projects for them. I'm particularly proud of the poster I created for the USTF International Taekwon-Do Championship in 2011. In addition to using my artwork, some photos I'd taken were also chosen to go on there."

"Besides Taekwon-Do, I enjoy swordfighting/fencing (I also trained in this art for 5 years), arts & crafts, cake decorating, and photography. I have a 7 year old daughter who is currently a High White Belt and making me very proud. I look forward to a lifetime of Taekwon-Do."

In announcing the appointment, F.M. Van Hekcke, Editor, stated: "We look forward to this great new relationship. Ms. Bunch almost single-handedly sparked the magnificent October 2015 issue. Ms. Bunch has an eye for the scene and the story and we look forward to our association with her as a Flash Stringer."





Sir:

Concord Taekwon-Do's combined August and September Gup Test proved that summer vacation was no obstacle for successful candidates **Noah Connor Healy**, **Mia Maisal**, siblings **Kaden Lai** and **Mia Lai**, **Lucien Albota**, and **Rahul Rami**, who were all promoted to Gup 9 Yellow Stripe. Newest Gup 8 Yellow Belts include **Owen Xia** and **Helen Xia**, **Austin Kim**, and **Rami Benhamide**. **Faye Larochelle** is now a Gup 7 Green Stripe, and **Ian Kim** and **Iffah Liyakath** the latest Gup 5 Blue Stripes. **Amelia Pillar** and **Paul Sorrenti** moved up to Gup 3 Red Stripe. **Sunny Wan**, **Tim Colley**, **Stephanie Hellman**, **Katie Kelley**, and **"Dangerous" Dan Angus-Kirstein** all advanced to Gup 2 Red Belt. And **Laurie "Miss Splits" Chen** is now a Gup 1 Black Stripe and on her way to a Black Belt this coming year. Congratulations, all, on great tests! Photo: Laurie Chen won't get out of her new belt so easily. Mr. John Murphy knows how to make a knot!

Respectfully submitted,
Roselyn Romberg, D.F.S.

Photo by R. Wachob/News Photo

F. M. Van Hecke, who holds a third-degree black belt in tae kwon do, demonstrated how to use a key chain to ward off an attacker (played by Jonny Kemper) during an April 8 program on self-defense for women, sponsored by the Graham Junior Women's Club. The program was presented at the Graham Masonic Auditorium. Courtesy by the American of Martial Arts, which has offices in Graham, Port Washington, Kenosha and Milwaukee. At right, Kemper and Diane Carlson, who holds first-degree black belts, showed the audience some martial arts moves under the direction of Van Hecke.

Photos by Mark Jostens

Learning the art of self-defense

Before there were beards there were moustaches. Or something like that, from the old newspaper clippings file.

Sir - I've sent in a lot of submissions on our popular Interschool Tournaments over the years, so won't bore our patient readers with yet another description of these "practice tournament" events. They *are* great fun, for Referees-in-Training as much as for the Munchkins who compete (ages 5 to 15 only, with a heavy weighting toward the bottom of the age range).

The September Interschool was no exception -- lively action, nail-biting and weepy nerves for the youngest Gups competing for the first time, and hilarity during the deliberate mis-match sparring rounds -- Yellow Stripe trouncing a Red Belt who forgot half the moves to Chon-Ji, a tall 15 year old boy being soundly beaten by short 8 year old girl who wasn't afraid to jump, and so on.

Sir, I always take into account your maxims, which include: "When you select a Center (Umpire) make sure he TOWERS over the competitors in the important parameters." Here, "Dangerous" Dan Angus-Kirstein (8 years old, a Class C Referee, a diligent student, and a formidable competitor himself) acts as Center Referee in one of the rounds.

Roselyn Romberg, D.F.S.



On September 12 at **Sereff Takeown-Do** in Broomfield, Colorado, Sr. Grand Master **C.E. Sereff** welcomed many students throughout the United States to participate in our semi-annual black belt test. Grand Master **Paul De Baca**'s student **Ron Britt** from Ohio was graded to the VII Degree Master. Five students, Ms/ **Louise Fox**, Mr. **Charles Ruby**, and Ms. **Cameo Zugschwert**, all of Colorado, Mr. **Jeremy Bennett** from Mississippi, and Mr. **Freddie Cowns** from Texas, tested to VI Degree. Mr. **Robert Morrison**, Ms. **Marianne Armstrong**, Miss **Barbara Hilija Spiessl**, Miss **Heidi Spiessl**, and Mr. **Larry Kaiser** tested for V Dan. Mrs. **Kathy Lynch** tested to IV Degree, Mrs. **Jenny Ballew** tested to II Degree and two individuals tested for I Degree, **Katherine Tutt**, and **Leigh Bell**, both of Colorado. Mr. **William Awl** from Louisiana was scheduled to grade but due to surgery early in the summer, he was unable to physically perform but made the trip out to Colorado. He will make up his physical test as soon as he is able.

The overall high test score went to Mr. Robert Morrison, Grand Master Mike Winegar's student. Best Pattern was earned by Jeremy Bennett. Best Ho Sin Sul went to Katherine Tutt with partner Mr. **Jason Rose**. Pictures on this and subsequent page; This page: Best Ho Sin Sool, Ms. Tutt w/ Mr. Rose and Sr. GM Sereff.



Group photo from the September 12 Black Belt Test at Sereff Taekwon-Do.



Sir:

Casper , Wyoming hosted its 16th annual invitational tournament on September 19th. The states with attendees were **Wyoming, Colorado, Utah, and Nebraska**. The tournament started off with Ms. **Ashleigh Ragone** singing the National Anthem (excellent job). We had 6 Sr. Masters and Masters attending, Sr. Master **Stan Martin**, Sr. Master **Kirk Steadman**, Sr. Master **Ricky Todd**, Master **William Dubbeld**, Master **Ed Lubow**, and Master **Robin Johnson**.

Our tournament Promoter was Mr. **Jerry Sisco**, Tournament Director was Mr. **Tony Giese** and Chief Referee was Mr **Roland Flynn**.

Our grand Champion winners were **Matthew Ludlow** from Utah, 5th Gup, for junior color belt, Mr. **Harold Marrow** from Casper, 8th Gup for adult color belt, and Mrs. **Amy Willcox** from Casper, 4th Dan, for Black Belt. [Picture on page 8.]

We also do a benefit lunch at our tournament- this year we donated to two organizations \$500.00 to both - Salvation Army and to the Suicide Prevention. Mr Sisco said we had a pretty good turnout and wanted to help our community with our good fortune!!

Sr. Master Stan Martin



The Grand Champion Winners from the September 19 Wyoming tournament (see previous page).



SGM Charles E. Sereff hosted Wyoming, Utah, Colorado, Alaska and Texas for the annual Fall Championship October 18 at Broomfield, Colorado. 82 USTF certified referees made sure the safety of the competitors was number one! Over 170 competitors competed in sparring, pattern and breaking teams. Our tournament director Sr. Master **Kirk Steadman**. Our Chief of Referees Sr. Master **Dan Griffin** did a great job! The Medical Director was Dr. **Shevaun Duiker**.

With the adult teams, **Maestas TKD** Breaking Team from Colorado took first place breaking 11, with **Burning Phoenix** of Utah taking 2nd place breaking 10 and **Axe TKD** from Nebraska taking the 3rd place breaking 9. As to Junior teams, **Axe TKD Breaking Bad**, Nebraska, took top honors, **Maestas TKD Mini Bear**, Colorado, took 2nd place and **Sereff Juniors**, Colorado, took 3rd place.

Grand Championships require that competitors compete in pattern and sparring. This events Grand Champions were **Amy Wilcox**, Wyoming, for Black Belt Grand Champion, **Abigail Friese**, Utah, for Adult Color Belt Grand Champion, and **Jason Gao**, Colorado, for Junior Color Belt Grand Champion. Sr. Grand Master Sereff was very pleased with the level of competition! All four Grand Masters of the USTF were present. With 5th and 6th Dans being able to compete, we used many Masters and Sr. Masters in the rings.

The Dr. Farley Perseverance Award was presented to Mrs. **Fran Buschkoetter**. Master Barney Montano asked Mrs. Buschkoetter to take over the Thornton Rec center class after his diagnosis of pancreatic cancer. With the recent loss of her son in a tragic car accident, we were not sure if she could do it. Not only did she succeed but has excelled in supporting these kids by joining them in Boston for the USTF National and International event, taking them to Casper, Wyoming for the annual Casper Tournament and has made a difference! Sr. Grand Master Sereff presented her with this prestigious award. Picture this page.



Grand Master Renee Sereff, D.J.S.

Do Son

By Elliot Krajnik, Age 9

Fox Valley Taekwon-Do

Do Son is a pseudonym for Ahn Chong Ho. He was born in 1878 in Korea. Do Son was one of Korea's most respected figures. Do Son is a historical figure in America also. He was a leader in the Korean-American immigrant community. Do Son had traveled all around the world.

From an early age Do Son wanted to change the nation of Korea. Do Son had studied the Western Education and had become a great leader and educator, emphasizing modernization. Do Son was one of the great leaders of the Korean Independence movement. He was sentenced to jail in 1932. Do Son was released from prison in 1935. Do Son died March 10, 1938.

OBITUARY

Master Barney Montano was born in Dolores, Colorado February 9, 1945, the ninth of ten children. He passed away after a full life, and a full life in Taekwon-Do, on October 13 in the morning hours.

On February 28 of 1969 he married his beautiful wife Marion in Ansbach, Germany; on July 1, 1975, they were blessed with a daughter, Rebecca, married to Luc Charron. He had two grandsons, Dartania and Leonidas.

He was an Eagle Scout (1961) and a veteran of the U.S. Army (1967-69). His professional life was with Western Electric, AT&T, and Lucent Technologies from which he retired in 2000.

Fluent in English, Spanish and German and a life-long learner, he earned a Bachelor of Science in Business Administration from Regis University the year he retired!

In 1989 he took his Black Belt under Grand Master C.E. Sereff, and his 7th Dan test was



March 18, 2014. In between he was a dedicated teacher and role model for over 20 years. He left a grieving but proud family, good friends, and many students at Thornton Recreation Center to continue in his footsteps.

His life was a treasure.

-YHE

Tribute: a StoryBy *Master Robert Martin, Flash Stringer*

On Tuesday, October 13, 2015 Master Barney Montano passed away after a summer long fight with Pancreatic Cancer. His passing was not unexpected but it was very sudden.

On the Sunday before 30 or so of his fellow Taekwon-Do Students and another dozen supporters met at his home to perform patterns for him. Master Montano was alert and expressed his pleasure at seeing everyone there. His daughter, Ms. Rebecca Charron came up with the idea late Friday night. A group including Grand Master Renee Sereff, Ms. Charron, Ms. Fran Buschkoetter, Ms. Kari Wernlein, Ms. Wendy Hartley and I were able to put a plan together that we thought would work. On Saturday morning my wife contacted all four major TV stations in the Denver area. By Sunday morning two of them had committed to covering the story.

Sunday morning at the Montano house was one of those events that you'll remember for the rest of your life. Master Montano watched from his garage with his wife and brothers nearby. One 4th Dan told me it was the most emotional Po-eun he had ever done. Master Montano's students from Thornton Taekwon-Do executed a beautiful Chun-ji for him.

We didn't want to tax Master Montano's strength and had decided to keep the program short. At the end he asked that everyone there come and greet him one at a time. He had a kind "thank you" for each person and picked out a few

for special recognition. There were many tears and a lot of smiles.

By the time I wrote this I had had a chance to reflect on the whole experience. I was struck once again by how powerful the bonds are between us all. We come together to kick and punch but we each get so much more out of it. Our feelings of love, and sadness, for Master Montano were genuine. We all were very honored to have been a part of his life and to have been a part of this tribute.

Below are links to the Facebook page we created and to the TV news stories that were done.

www.facebook.com/mastermontanopatterns

Channel 4 News <http://denver.cbslocal.com/.../> in the street before his home and of Master taekwondo-master-with-termina.../

Channel 9 News <http://www.9news.com/.../11/barney-montano-tae-kwon.../73792136/>



Included here are pictures of the formation

Montano, his wife Marion, and two of his brothers.

사랑하고 있는 기억 장치에서

Master Barney Montano

1945-2015

