

The T.K.D. Flash

A Publication of the Association of Academies of Martial Arts

Volume XVII, Number 7 The Flash is published by the Academy of Martial Arts, Inc. Offices at 752 Lake Shore Road, Grafton WI 53024. E-Mail: fmvh@execpc.com. Website www.amatkd.com. USTF Region V site www.ustf-region5.org

Upcoming tournament action:
September 24, USTF NC Tournament. Promoter is Mr. Jeremy Kempka.
October 8, Neenah WI. At the Neenah Menasha YMCA. Promoter is Dr. John Butitta. In addition to the pattern, sparring and team pattern events, this years featured event will be a breaking competition.
Sept 10 MI USTF Tournney, Cadillac MI. Promoter is Dr. Steve Osborn. A short ferry ride from Manitowoc!

A USTF Referee Course will be taught on September 25 in Charlotte NC by Mr. Kevin McDaniel.

Our ambitious Mr. McDaniel who will not rest until officiating skills in our schools are over the top, will also teach a USTF Referee Seminar in Cadillac MI on September 11.

On July 16, 2005 the Region 5 Director and the Association of Academies of Martial Arts will host the U.S.T.F. Region 5 Black Belt test. Testing will be candidates from 6 states for ranks from First to Fifth Dan. Presiding will be GrandMaster Charles E. Sereff. Questions? Ask your instructor. Instructors with questions? Ask Mr. Van Hecke fmvh@execpc.com.

A program of Half-day and Full-day summer Camps is planned at the Academy of Martial Arts & Fitness, UNCC. June 8 is the first session.

Grand Master Charles E. Sereff will be conducting a Grand Master's Seminar on July 16. This will be held at Fredonia, Wisconsin. Open to all irrespective of rank, these seminars have received rave reviews from prior participants. Preregister (Required) through your instructor or Mr. VH. Applications available from fmvh@execpc.com.

National TaeKwon-Do conducted gup level testings in Skokie on June 7 and in DesPlaines on June 8 under Master Earl Weiss.

The Association of Academies of Martial Arts is pleased to announce the addition of its first School in Virginia, at Christiansburg. Mssrs. Jeremiah and Jonathan Woolwine head the school. Welcome aboard!

The A.A.M.A. is most excited to note its new affiliate, the Society of Traditional TaeKwon-Do and its two schools in Illinois. These schools expand our direct AAMA school members to five states. That Sixth Dan Braxton Miller has joined us is to honor us even more.

On June 15 a gup level test was held at Sheboygan A.M.A. Presiding were Mrs. Jacqueline Karpinsky, Mr. Marc Mikkelson, and Mr. VH. Mrs. Karpinsky also did double-duty at the Corner with Mr. Alex Kornetsky in his first outing at the position. Six students tested, two to Decided grades.

Admission to the Black Belt test for spectators is free.

"How to Improve my Stepsparring," was taught by Mrs. Mary Lubner, Dr. Rick Bauman, Mr. Luke Mattias, Mr. Brian Nusslock and Tony Mattias on June 4 at the Grafton Academy of Martial Arts. In attendance were Mrs. Erin Graff, Mr. Hasan AbuLughod, Casem & Amirah AbuLughod, Tom Martin, Zeki AbuLughod, Casey Sennott, Paul Tyree & Chris Langlois. The following were agreed by participants: 1) the standard for stepsparring is definitely upgraded and improved (copies of handouts available on request at fmvh@execpc.com., and 2) to do so was worth infinitely more than the price of admission.

Other events on the week end of G.M. Sereff's Seminar:
1) Friday evening: Regional and State Directors and Spouses will dine at an old-fashioned Wisconsin Fish Fry. Informal. Place and exact time TBA via emails to individual Directors. If I don't have your e-mail address, get it to me.
2) Friday evening: "Open

The T.K.D. Flash

A Publication of the Association of Academies of Martial Arts

Page Two

Dojang” at the Grafton Academy of Martial Arts for those wanting to stretch out, do a light impromptu work-out the night before the big day. 5:30 p.m. to 8:00. Supervised by Mr. Hasan AbuLughod.

3) Friday evening: “Sign making Party” for little kids, supervised, at the Grafton Dojang. 5:30 to 6:30.

4) Multi-State Farewell Workout Sunday morning, 10:00 a.m., Grafton Dojang. Under the supervision of Mr. Van Hecke. A chance to get in that final workout before “hitting the road” for those staying over on Saturday night.

How can we not top off the Black Belt Test and the Grand Master’s Seminar with a dinner? The event is intended to be family-friendly. See poster attached.

On June 18 there was a colored belt test in Charlotte.

On July 23 the AMA NC schools will hold a summer picnic.

On August 23 the Charlotte School will do a demo at a Charlotte Sting basketball game.

U.S.T.F. held 2005 Nationals in San Diego. June 24 and 25, 2005. Students competed from Wisconsin, North Carolina, and Virginia among AAMA affiliates. Results of competition will be forthcoming.

Questions and Answers for the big TaeKwon-Do Weekend July 15, 16, 17 in Wisconsin. repeated from the last Flash.

HOW DO I GET TO FREDONIA WHERE THE TEST AND THE SEMINAR WILL BE HELD?

Part One: on leaving the driveway--

From Lower Michigan: Take the ferry to Manitowoc. Go west until you hit I-43 and head south. *From Upper Michigan:* Go south and East through Wisconsin until you link up with I-43 in Green Bay and continue south on I-43 south. *From Minnesota, Western Wisconsin and points west:* Go I-94 east until you link up with I-43 in downtown Milwaukee and head north. *From Illinois and points south:* go I-94 west (north) until you link up with I-43 in downtown Milwaukee and head north. THEN:

Part Two: In striking distance--

From the North. Upon entering Ozaukee County from the north (south of Sheboygan, Cedar Grove), you’ll prepare to exit at the Belgium/Lake Church exit (107).and turn right onto County Road D (Main Street). Almost immediately you will turn left (south) onto County Road LL (Royal Avenue). After about two miles on LL, you will turn right (west) onto County Road A. Follow A about five miles to Hwy. 57. Continue through the intersection and almost immediately hang a right (north) onto Highland Street. Highland Street dead-ends at Ozaukee High School, 401 Highland Dr.

From the South. Upon entering Ozaukee County from the south (north of Milwaukee), follow I-43 north past Grafton. As you continue

past Port Washington, you’ll merge from I-43 north to the left onto I-57 toward Plymouth and Fredonia. Follow 57 about five and a half miles. At the first stoplight turn left (west) on Hwy A & H (Fredonia Avenue) and almost immediately turn right (north) onto Highland Street. Highland Street dead-ends at Ozaukee High School, 401 Highland Dr.

WHERE CAN I FIND ACCOMODATIONS AROUND FREDONIA?

You may stay anywhere in the area you desire. Some may choose to drive from home. In that event it should be remembered that everybody testing should aim to be on the floor in uniform and stretched out by 9:15 a.m if testing, that the seminar will start at noon or thereabouts. The dinner is likely not to go too late because, remember, it’s intended to be “family friendly.”

However, if you wish to stay overnight on either the 15th or 16th, we have made arrangements with the Baymont Inn & Suites in Grafton for a number of rooms to be set aside at a rate reduced to \$94.00 for a “standard” room. Call 262-387-1180 and ask for Kim, mention that you are here for TaeKwon-Do. CAUTION: hotel rooms are scarce this time of year in the vicinity, so these will only be held until June 20. **Call now** to be sure you get a room. If you choose to go to another hotel, we would suggest that the Port Washington area is likely to be “booked up,” and your best bet is Milwaukee’s northeast side in the vicinity of Port Washington Road and Silver Spring. Travel time from there to Fredonia would be about 28 minutes.

The T.K.D. Flash

A Publication of the Association of Academies of Martial Arts

Page Three

AND DIRECTIONS TO THE HOTEL?

How to get to the Baymont Inn & Suites from I-43: the Baymont Inn & Suites is in Grafton. From either north or south, exit at the Hwy. 60/Q exit, Exit 92. Head west towards Grafton. A very short distance west of I-43, turn left (south) on Hwy. W (Port Washington Road). About a quarter mile south of that intersection the Baymont will be on the right (west) side of the road.

How to get from the Baymont Inn to the testing venue: turn left (north) from the parking lot on N. Port Washington Rd. (County W) and right (east) on Washington Street (Q, 60). Go east a short distance and take I-43 north. As you continue past Port Washington, you'll merge from I-43 north to the left onto I-57 toward Plymouth/Fredonia. Follow 57 about five and a half miles. At the first stoplight turn left (west) on Hwy A & H (Fredonia Avenue) and almost immediately turn right (north) onto Highland Street. Highland Street dead-ends at Ozaukee High School, 401 Highland Dr. Total distance is 11 miles.

AND DIRECTIONS TO THE GRAFTON DOJANG?

From either north or south on Hwy 43, exit at the Hwy. 60/Q exit, Exit 92. Head west into Grafton on Q/60/Washington Street until you pass over the Milwaukee River. Turn left (south) on Wisconsin Avenue (Hwy 57) at the light. Follow Wisconsin Avenue south about two long blocks, bending slightly southwest, and you'll see the neon sign on the right (west side of the street). It says: "TaeKwonDo." You're there.

I'M HUNGRY/THIRSTY OTHER TIMES THAN PLANNED DINNERS!

We recommend John's Pizza in Grafton, around the corner just south of the dojang. Open all three days.

WHAT ELSE IS GOING ON (MUSIC, DANCING, DRINKING, BANDS, ENTERTAINMENT)?

Port Washington, Wisconsin's Fish Days is a wide-open week end long festival which includes all of that and more, is about 8 miles from either Fredonia or Grafton. Go downtown to the Harbor via either Hwy 32 or 33 and you'll be there, it's huge. A Wisconsin town lets its hair down in summer. Usually a blast.

HELP, I'M LOST, I'M HURT, I'M KIDNAPPED BY THE POTAWATOMI!

Local phone numbers: Mr. VH at 414-852-9229. The Grafton dojang at 262-377-6550. And 911.

How to get to the dinner after the Test. The Dinner will be held at the Cedarburg American Legion Post. If you're coming from the south, exit at Hwy C (Pioneer Rd.). Go west or left onto Hwy C, W. Pioneer Rd., and very shortly turn right or north onto Port Washington Rd., County Road W; proceed north and then left or west onto Lakefield Rd/Hwy T. Go 2.8 miles on T, left (South) onto Hilbert. If you're coming from Fredonia H.S., the seminar venue, go south on Highland St. toward Martin Drive, turn left (east) onto Martin Dr., go right (south) onto Hwy 57 S. After about 5 miles, merge onto I-43 S. Continue another 5

miles. Take the Hwy 60 exit 92 (Q). Turn right (west) onto 60. Turn left (south) onto County W (North Port Washington Rd.) turn right (west) onto Lakefield Rd. (Hwy T. Follow T 2.8 miles, turn left (south) onto Hilbert.

Why it's important for the White Belt to attend the Grand Master Seminar

By F.M. Van Hecke

The advanced student already understands the history of our Art and the importance of touching that history, embracing our origins. But what does this mean to the beginner? The author has trained with Choi, Hong Hi, Nam, Tae Hi, Son, Duc Sung. One workout doesn't make me a martial artist, but it reminds me how great the sacrifices and the contributions of those who have made TaeKwon-Do. Grand Master Sereff is not just another name in the General's biography; he is the General's most truly loyal student, and, as such, the embodiment of his spirit and the Art in North America. What the White Belt needs is perspective, the understanding of the practicality and good humor its Founder and early "greats" have brought to us. They can grasp this if they interface with the founding generation. But these men will not be with us forever. As the years role on, we will get this kind of chance fewer and fewer times. Any White Belt who aspires to better should do this for his future heart, so to not someday think, "I could have."

The T.K.D. Flash

A Publication of the Association of Academies of Martial Arts

Page Four

O.K., so what's the skinny on the dinner?

The dinner will be held at the Cedarburg American Legion Hall, Cedarburg Wisconsin.

The dinner will feature Black Belts from the U.P., Wisconsin, Illinois, Michigan, New Jersey, Louisiana, Massachusetts, Colorado, Minnesota, North Carolina, and West Virginia, including USTF State and Regional Directors. And, it will include you!

The dinner will be from 6:30 to 8:30. Cocktails available, family friendly.

The hall is located at W57 N481 Hilbert Avenue in Cedarburg. Directions page 3.

Presentations and awards will be given to those who deserve them.

Especially to be honored will be the many people who earlier in that day have tested for advancement, from Black Belt Candidates through Fifth Dan.

The dinner will cost \$14.00 for adults, \$7.00 for children 11 and younger. This is as close to cost as can be consistent with a pleasant venue and a good meal.

We will hear from Grand Master Charles E. Sereff!

Send your check to Dr. Rick Bauman, 111 East Wisconsin Avenue, Suite 1950, Milwaukee Wisconsin 53202.

Questions? Call Rick Bauman at 414-271-6220 or 414-254-4935